



## ***Iridology: A Handbook* by Kianna Smith**

The science, iridology, is a non-invasive tool for understanding your health tendencies and predispositions. This science can assist health practitioners to build a bridge of understanding with their clients.

“Iridology” is a simple and practical guide for reading and understanding health tendencies from signs in the iris of the eyes. It is based upon the research of Dr. Josef Deck from Ettlinger, Germany. The book contains information about iris resilience, iris mapping, color and structural constitutional typing and pupil shapes. This technical information is used by university students in natural health programs, who wish to study the iris as a tool for understanding the health potentials of the body. Seasoned iridologists will find a handy reference manual for many of the basic health signs found in the iris.

May “Iridology” assist you in the magnificent journey of looking into the precious jewel box of another’s eyes and helping them to see themselves in a way that provides more honoring, understanding and enlightenment.

### *About Kianna Smith...*

Kianna is a certified iridologist and international author who specializes in energy medicine and spiritual healing. She is a member of the Board of Directors for the International Iridology Research Association as well as an editor for a periodical on iridology research from around the world.

Kianna and her husband Nathan run the “Center of Serenity and Wellness,” for Spiritual healing and training from teachings from around the world. Kianna brings safety, trust, humor and imagination into the healing space.

Her practice focuses on ways to bring “what is hidden” into consciousness.



*“Iridology: A Handbook by Kianna Smith is suitable for both beginner and advanced iridologists. It represents the most up-to-date and useful iridology publication currently available in North America.”*

—Dr. Bill Caradonna, N.D., Bastyr University,  
from Seattle Washington, an iridologist  
with over 20 years of experience,  
Former President of the International  
Iridology Research Association